A MONTHLY BULLETIN
OF THE
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ONCE more the season of Lent approaches, and we are moved by Holy Church to meditate on the Passion of our Lord, and to gather the fruits thereof in our lives by prayer and self-discipline. For the clergy, Lent is a strenuous time. There are many additional services, many extra sermons, leading up to the almost incessant activities of Holy Week. Pray for them, that their ministrations to others may not lead to their own condemnation, through any lack of recollection or devotion.

For the laity, the approach of Lent brings to mind the making of a Lenten rule. Perhaps for some of us this is a bogey which casts its shadow before it, and makes us rather dread the coming of this penitential season. If so, it is probably because we have been unwise in our Lenten observances in past years. The emphasis may have been put in the wrong place. We are apt to think first of giving up amusements and curbing various forms of self-indulgence. This element of mortification is necessary, of course, but it is not primary. Forty days is a long time. If we start out slily on Ash Wednesday with a long list of things we shall abstain from (mostly things innocent in themselves), we are apt either to break our rule deliberately by the middle of Lent, or,
if we keep it with some grimness, we may become so stale and so sorry for ourselves by Easter that the reaction will be dangerous. It would be better to limit our mortifications to one or two simple things (choosing especially anything which has in the past led us into definite sin), and then concentrate most of our attention on the positive elements of our rule. Julian Carrow, in an excellent little book just published, called “Liking Lent” [Morehouse, Milwaukee, 80 cents], points out that our Lenten rule should not be a series of spiritual acrobatics to be indulged in for a few weeks, but should aim at the solid growth of Christian character by including observances which we will keep up for the rest of our lives. Certainly we shall not climb the Mount of Vision by running a little way up each Lent, and then promptly running back to the valley for the rest of the year. Rather we should climb a reasonable distance up the mountain each Lent, and stay there, till the next Lent urges us to climb a bit higher.

Why not resolve this Lent to learn how to make a profitable, if brief, meditation daily; or to learn how to hear Mass with devotion and fervour; or to make a careful notebook of daily intercessions; or to get a real grounding in simple theology; or to keep a strict watch over your tongue, allowing no censorious or gossipy conversation; or to cultivate a devotion to the Holy Spirit? Any of these can easily become a permanent feature of your spiritual life, and may mark a definite advance on the road to heaven.

A few sentences from the book mentioned above may encourage you to buy it for yourself:

“With all these things to do it is impossible to think that Lent can really prove a dreary time, in fact, if we have anything in us at all that is valiant and brave and joyous and wise, we may after a very short time find ourselves actually liking Lent!

“For it is essentially a time when as Christians we should with new bravery and virile energy make such practical and efficient rules of life that men, taking note of the palpable and decided alterations for good in our several lives and characters, may learn to understand the sole secret of our observance of the Lenten fast.

“It is that we love the Lord Christ and desire that through the medium of our own converted lives they may learn to love Him too.”

TUESDAY, March the first is Shrove Tuesday—a day when all good Catholics will try to make their confessions and be “shriven” in preparation for Lent. May we remind you that confessions should be specific, orderly, and no longer than is necessary. State the length of time which has elapsed since your last confession. It is enough to begin by saying: “Since my last confession, which was . . . (two weeks, a month) . . . ago, I have . . .” Next tell your sins, simply and directly, with the number of times you have fallen into each sin, or, in the case of a habit of sin, the approximate frequency of its occurrence. Avoid general phrases, such as: “I have been dishonest”—(your confessor must then ask: “In what way?”); or: “I haven’t loved God as much as I ought”—(even the saints haven’t loved God enough, and they would be the first to admit it). Close with as brief a formula as possible, but one that includes an act of contrition for your sins. “For these and all other sins I cannot now remember I am very sorry, I will try to do better, I ask God’s forgiveness, and of you, Father, penance, advice and absolution.” That is quite sufficient, and the use of a brief form is a matter of courtesy and consideration for those who may be waiting to make their confessions. Penitents should be careful to come promptly to the confessional, as soon as it is vacant. Furthermore, they should take great pains not to push in ahead of others who have come to the church before them. However, priests, religious, doctors and nurses should be allowed the courtesy of disregarding this rule, because of the urgent demands on their time.
On Shrove Tuesday, priests will be available for confessions at the following hours:

11.00 - 12.30 — Fathers Williams, Eckman and Peabody.
3.00 - 5.00 — Fathers Hoffman and Peabody.
7.00 - 9.00 — Fathers Williams, Hoffman and Peabody.

In case these hours are inconvenient or impossible for any of you, the Fathers will be glad to make special appointments.

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The imposition of ashes is an ancient feature of the observance of Ash Wednesday. The ashes are prepared by burning some of the palms which were distributed on the preceding Palm Sunday. Then, before the Mass, the priest, vested in violet stole and cope, blesses the ashes at the altar, and the people present themselves at the communion rail. The officiant makes a cross with ashes on the forehead of each person, saying as he does so: “Remember, O man, that dust thou art, and to dust shalt thou return.” It is a fitting reminder of the shortness of human life, the folly of carnal pleasures, and the penitence which should accomplish our pilgrimage here on earth. “I abhor myself, and repent in dust and ashes.”

Low Mass will be said at 7, 8 and 9.30. There will be a High Mass at 11, followed by a sermon by Father Hoffman. Immediately after this (at about 12.10) there will be an additional Low Mass.

In the afternoon at four there will be Stations of the Cross, and at eight in the evening the Penitential Office, with a sermon by the Father Rector and Benediction. Imposition of ashes will be given before each of the Masses, at the Stations in the afternoon, and at the evening service.

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During Lent the usual meetings of the Confraternity of the Blessed Sacrament and the Guild of all Souls will be suspended, and the members of those guilds will, it is hoped, come to

the Stations of the Cross on Friday evenings instead. We trust that more people will become interested in the work of these two guilds and will seek membership in them. They have a large part in sustaining the prayer life of the parish, and are of practical use in other ways also. The chaplain, Father Eckman, will be glad to give you information about them.

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More important news about St Mary’s Summer Home, Keyport, New Jersey: — Last month we reported that our good English friends, Mr and Mrs Thomas Ogden, had given us the badly needed playroom and some money to build tables and benches for the dining-room. Now it is a joy to announce that several people of the parish are following this excellent precedent. Miss Sara Lawrence has given one thousand dollars to establish permanent quarters for the boys and men. Of course we want to “stretch” the money as far as it will go, so we hope to enlarge the cottage formerly used as a priest’s house, and install toilet facilities and showers. Another great need supplied, and a big step ahead taken. Now the ladies won’t have to be afraid of “night prowlers,” having the boys and men on the job! When the work is finished, the new dormitory will be known as the LAURENCE DORMITORY, as a tribute to its generous donor. The new playroom will be known as the OGDEN PLAYROOM, as a tribute to our generous English friends. Then we have an anonymous gift of $200.00 promised for the chapel repairs. Of course the news of the “building program” has necessarily reached Keyport on account of having to get bids for the work, and the townspeople are quite happy over the prospect of more work and more play! How sensible and practical all these gifts to the Summer Home are — giving work to lots of people and recreation and joy to lots more during the summer. Again let us thank our friends, and may God bless them all.
Our new rowboat, the gift of Miss Bessie Ballin (and another whose name we dare not mention) is completed and now lives under the front porch awaiting the “open season.” What a beauty she is! All painted green, with her name, THE RESCUE, painted in yellow on the bow. We are terribly afraid that she will be too heavy to handle entirely by man power, so we hope some good person will help us with an outboard motor. (Incidentally, we know of a good bargain). The Guild of St Mary of the Cross has raised some money at the fair held recently in St Joseph’s Hall, and the money is being used to install added toilet facilities on the second and third floors of the Annex. Ground has already been broken, and we report “progress.”

And still we NEED — a subject painful to most of us! Three dozen steel beds at $15.00 each. Give one or more if you can’t give all. Six dozen single sheets and pillowcases for the new beds — cost whatever you make it. One hundred hymnals for the chapel — cost $45.00. Five dozen double sheets, three dozen single sheets, six dozen pillowcases — cost whatever the best wholesale prices are. Then last of all again, the station wagon, an important servant of man, to carry, haul and chase all sorts of groceries, vegetables, baggage, and gravel for the improvement of our property! We are already saving old boards and lumber for a decent addition to the present woodshed, to house the good wagon, against the day of its promise! Father Eckman is keeping in close touch with activities, and will be happy to talk to anyone about our needs, benefits and possibilities. Has anyone a good large gas stove to give for the kitchen?

Fridays in Lent (except Good Friday) there will be Mission Study Classes, under the auspices of the Woman’s Auxiliary, to be held in St Joseph’s Hall at 10.45 in the morning. The general subject of study this Lent will be “Rural America.” The following speakers and topics have been arranged for:

March 4 — The Reverend Edwin S. Ford—Northern New Jersey.
March 11 — Miss Charlotte Brown—Nevada.
March 18 — The Reverend Edwin S. Ford—(Subject to be announced later).

The corporate communion of St Mary’s Guild will be held on Ash Wednesday, March the second, at 9.30. It will be followed by a brief business meeting in St Joseph’s Hall at 10.30.

There will be four Retreats, or Quiet Days, during Lent, to which we should like to call your attention. On Saturday, March the twelfth, the Father Rector will conduct a quiet day for women, beginning with Mass at 8. Addresses at 10.30, 12.30 and 2.30. Breakfast and lunch will be served to those who notify the Sister-in-Charge at the Mission House, of their intention to come. This retreat is open to all the women of the parish and their friends.

The Father Rector will also conduct a quiet evening, restricted to the Guilds of St Mary of the Cross and St Mary of Nazareth, on Wednesday, March the twenty-third. Meditations at 7.30 and 8.30. Supper will be served for those who notify the Sister.

Father Hoffman will conduct a quiet afternoon for men on Saturday, April the second. Addresses at 3.00, 5.00 and 7.30. Supper will be served to those who notify Father Hoffman that they are coming. All men are welcome.

A quiet afternoon for nurses, held under the auspices of the Guild of St Catherine of Genoa, will be conducted by Father Eckman on Sunday, April the third. Meditations at 3.00 and 5.00. This retreat is limited to registered nurses and student nurses.
You will remember that the Bishop is coming for Confirmation on the evening of Friday, March the twenty-fifth. The usual confirmation lectures will be given on Monday evenings in the Lady Chapel at 8.15. Everyone is welcome at these, whether intending to be confirmed or not. The following topics and lecturers are announced for March:

March 7 — The Sacramental Principle and the Sacraments of the Church — Father Hoffman.
March 14 — The Holy Bible and its place in the Church — Father Hoffman.
March 21 — Christian Morals and the Use of Grace — The Father Rector.

Your attention is called to the needs of the Social Service Department of St Luke's Hospital. This great hospital, which has always been so closely connected with the Church, should be close to the hearts of our parishioners, since it has always shown itself ready to extend to us every courtesy and attention. It would be a fitting token of our gratitude if some of us could contribute to its social service work among the poor. Such offerings may be sent to Mrs Eugene Mason, 111 East 69th Street, New York City.

The Father Rector will preach every Sunday morning in Lent at the High Mass. The topics of his sermons dealing with the Life of our Lord are as follows:

March 6 — The Unique Vocation.
March 13 — The Words of Life.
March 20 — The Mighty Works.
March 27 — The Growing Storm.
April 3 — The Way of Redemption.
April 10 — Palm Sunday — No sermon.

Father Hoffman will preach on the Sunday evenings in Lent. The general topic of his course will be a brief School of Prayer, considered in six instructions, as follows:

March 6 — The Practice of the Presence of God.
March 13 — Ejaculatory Prayer.
March 20 — Thanksgiving.
March 27 — Intercessory Prayer.
April 3 — Meditation.
April 10 — Mystical Prayer.

Every Friday evening at eight o'clock (except March 25th, Confirmation, and April 15, Good Friday) there will be Stations of the Cross, sermon and Benediction. The Father Rector will preach on the Holy Eucharist:

March 4 — The Importance of the Eucharist.
March 11 — The Real Presence.
March 18 — The Holy Sacrifice.
April 1 — Holy Communion.
April 8 — The Sacrament of Unity.

There will be a noon-day service at St Mary's every weekday in Lent until Maundy Thursday, consisting of a Low Mass, followed by a ten-minute address. The Mass begins at 12.10 promptly, and the address will be over strictly at 12.45, leaving a few minutes for lunch before office-workers have to get back to their jobs. Come either to the Mass or to the address, or both, as you may find it possible. Although the Mass will be in shortened form, there will be an opportunity for those who are fasting and prepared, to make their communions, if they desire to do so. Communicants are urged to come to the altar rail promptly when the bell rings for the priest's communion, so that they may not be overlooked. The server will then say the General Confession with the communicants, and the celebrant will pronounce the Absolution and distribute Holy Communion.
On Ash Wednesday the sermon will immediately follow the High Mass; and on Saturday, February the twelfth, the day of the retreat for women, the noon-day address will be the second meditation of the retreat.

There follows a list of the noon-day preachers and their subjects:

NOON-DAY PREACHING

March 3rd to 5th — Father Hoffman, S.S.J.E.
March 3 — A Rule of Prayer.
March 4 — A Rule of Fasting.
March 5 — A Rule of Almsgiving.

March 7th to 11th — Father Eckman, S.S.J.E.
March 7 — The Triumph of the Precious Blood.
March 8 — The Example of Patience in the Passion.
March 9 — The Example of Silence in the Passion.
March 10 — The Example of Prayer in the Passion.
March 11 — The Example of Unworldliness in the Passion.

March 14th to 19th — The Father Rector — Failings of the Saints.
March 14 — Rivalry.
March 15 — Narrowness.
March 16 — Interference.
March 17 — Curiosity.
March 18 — Suspicion.
March 19 — Impatience.

March 21st to 26th — Father Lightfoot — God’s Patience.
March 21 — God’s Patience with Sinners.
March 22 — God’s Patience with Ignorance.
March 23 — God’s Patience with Prejudice.
March 24 — God’s Patience with Weakness.
March 25 — God’s Patience with Penitence.
March 26 — God’s Patience with Man.

March 28th to April 2nd — Father Hoffman, S.S.J.E. — The Sermon on the Mount.
March 28 — The Beatitudes.
March 29 — The New Law.
March 30 — The Treatment of Enemies.
March 31 — The Lord’s Prayer.
April 1 — The Single Eye.
April 2 — The Golden Rule.

April 4th to 9th — Father Eckman, S.S.J.E.
April 4 — The Thorn-Crowned Brow.
April 5 — The Pierced Hands (1).
April 6 — The Pierced Hands (2).
April 7 — The Nailed Feet (1).
April 8 — The Nailed Feet (2).
April 9 — The Broken Heart.

April 11th to 13th — Father Hoffman, S.S.J.E.
April 11 — The Babe of Bethlehem.
April 12 — The Galilean Prophet.
April 13 — Easter and Beyond.

CORPORATE Communions for the month of March are announced as follows:
Wednesday, March 2, 9:30: St Mary’s Guild.
Sunday, March 6, 9:00: Guild of St Mary of the Cross, Guild of St Mary of Nazareth, The Church School.
Wednesday, March 9, 9:30: Associates of the Community of St Mary.
Sunday, March 13, 9:00: Knights of St Mary.

DURING the month of March the altar flowers are given in memory of the following:
March 19 — St Joseph. Katherine Sinclair Sisto.

FROM THE PARISH REGISTER

BAPTISMS

“As many of you as have been baptized into Christ, have put on Christ.”

January 30 — Mary Lucille Howe (Infant).
January 30 — Frank Ronald Howe (Infant).
BURIALS

"Grant them, O Lord, eternal rest, and may light perpetual shine upon them."

January 3 — Josephine Theresa Gunther Horvath.
January 4 — Evelyn Maud Mills.

THE following contributions to AVE are gratefully acknowledged: Anonymous, $5, $1; Miss Harriet L. Barton, $2; Miss Bosworth, $1; Mrs B. W. Brush, $3; The Rev. Edward C. Colcord, $2; The Rev. N. S. Harding, $2; Mr H. W. Hawkes, $10; A. C. K., $5; Miss Lillian Kennedy, $5; Miss A. Mabel Long, $1; Miss Millie McLaughlin, $3; Mrs E. W. Mason, $5; Mr James Montgomery, $1; Mr and Mrs Thomas Ogden, $5; Mrs Theodore Ross, $2; Mr William L. Stout, $25; Miss A. Mabel Wade, $2; Mrs S. G. Wagner, $1; Mrs H. H. Wheeler, $2; Mrs John G. Winant, $2.

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Inquiries concerning AVE should be sent to the Editor, The Reverend Father Hoffman, S.S.J.E., 144 West 47th Street, New York.

To insure delivery of AVE, the Parish Secretary should be notified promptly of any permanent change of address.

KALENDAR FOR MARCH

1. Tu. St David, B.C.
2. W. ASH WEDNESDAY. Comm. St Chad, B.C. High Mass, 11 a.m. Fast and abstinence.
6. Su. LENT I.
13. Su. LENT II.
20. Su. LENT III. Comm. St Cuthbert, B.C.
27. Su. LENT IV.

Days indicated by * are days of precept, with an obligation of attendance at Mass. Days on which votive and requiem Masses may be said are printed in italics.
MUSIC LIST FOR MARCH

MARCH 2. — ASH WEDNESDAY.
Mass, "Missa Deus Genitor alme" ... Plain Chant

MARCH 6. — FIRST SUNDAY IN LENT.
Mass, "Miss a Il bianco e dolce cigno" ... Bernardi
Motet, "O salutaris hostia" ... Tallis
Evensong:
Magnificat, Tone VI, with faux-bourdons ... Whitlock
Nunc dimittis, Tonus peregrinus, with faux-bourdons ... Whitlock
Motet, "Adoramus te, Christe" ... Ruffo

MARCH 13. — SECOND SUNDAY IN LENT.
Mass, "Miss a quarti toni" ... Victoria
Motet, "Adoramus te, Christe" ... Corsi
Evensong:
Magnificat and Nunc dimittis for four voices ... Hunt
Motet, "O Domine Jesu Christe" ... Palestrina

MARCH 20. — THIRD SUNDAY IN LENT.
Mass, "Missa brevis" ... Palestrina
Motet, "O vos omnes"* ... Victoria
Evensong:
Magnificat, Tone VII, with faux-bourdons ... Tallis
Nunc dimittis, Tone I, with faux-bourdons ... Tallis
Motet, "Adoramus te, Christe" ... Perti

MARCH 25. — ANNUNCIATION OF THE BLESSED VIRGIN MARY.
Evensong and Confirmation:
Magnificat, Tone VIII, with faux-bourdons ... Sixteenth Century
Nunc dimittis, Tone III, with faux-bourdons ... Palestrina
Motet, "Ne timeas Maria"* ... Victoria

MARCH 27. — FOURTH SUNDAY IN LENT. LENT.
Mass in C ... Henschel
Motet, "Crux fidelis" ... Roger-Ducasse
Evensong:
Magnificat and Nunc dimittis (Second Service) ... Byrd
Motet, "Ave verum corpus" ... Mozart

SERVICES IN LENT

SUNDAYS
Low Mass ... 7 and 8 a.m.
Sung Mass, with address ... 9 a.m.
Low Mass (except on Palm Sunday) ... 10 a.m.
Matins ... 10:30 a.m.
High Mass, with sermon ... 11 a.m.
Evensong and Benediction, with instruction ... 8 p.m.

WEEK DAYS
Mass, daily ... 7, 8, and 9:30 a.m.
Mass, with short address, daily ... 12:10 p.m.
Children's Mass and catechism, Saturdays ... 9:30 a.m.
Matins ... 9 a.m.
Evensong ... 6 p.m.

Evening Services and Instructions
Confirmation instructions, March 7, 14, 21 ... 8.15 p.m.
Stations of the Cross, Wednesdays ... 4 p.m.
Stations of the Cross, with sermon and Benediction,
Fridays (except March 25) ... 8 p.m.
Holy Hour and Benediction, Saturdays ... 5 to 6 p.m.

Other Services during the Week, and on Festivals,
as announced on the preceding Sunday.

The Church is open daily from 6:30 a.m. till 9 p.m.
Adults or children can be prepared at any time for First Confession, Baptism, Confirmation and First Holy Communion.

The Parish Secretary's office is open at the following times:
Mondays to Fridays ... 9:15 to 1 and 2 to 5
Saturdays ... 9:15 to 1
Closed on legal holidays.
SACRAMENTS AND OTHER RITES

CONFESSIONS

Father Williams, S.S.J.E., Wednesdays, 4:30 to 5:30 p.m. and Fridays, 7 to 8 p.m.
Father Hoffman, S.S.J.E., Saturdays 3 to 5 and 8 to 9 p.m.
Father Eckman, S.S.J.E., Thursdays, 4:30 to 5:30 p.m. and Saturdays, 8 to 9 p.m.
Father Peabody, Saturdays, 3 to 5 and 8 to 9 p.m.
Father Lightfoot, Sundays, 8.30 to 9 a.m.
A Priest can always be seen daily at 7:30 a.m., upon application.

BAPTISMS.—Sundays at 3 p.m., by arrangement with the clergy.
Proper sponsors should be chosen, and the mother should be churched.

MARRIAGES are solemnized only after arrangement with the clergy and after three days’ notice has been given. A certificate of Baptism should be produced by both parties. Those to be married should, if confirmed, receive Holy Communion. A nuptial Mass is suggested. It is against God’s law to marry anyone divorced, as long as the other partner is living. Marriages are not solemnized during Lent, nor on Sundays or Christmas Day.

SICK CALLS, Holy Unction and Communion of the Sick, on application to the clergy, in person, by telephone, or by post.

BURIALS.—The clergy should always be consulted before any arrangements are made. The bodies of baptized persons may be brought to the Chantry of the church at any time before the day of the funeral. It is the usual custom at St Mary’s to have the funeral service a requiem Mass.

MUSIC.—Arrangements for music at weddings or funerals should be made directly with Mr Nold, the Director of Music.

DIRECTORY

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MR NEWBURY FROST READ, Parish Treasurer
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The Church of St Mary the Virgin is supported largely by voluntary offerings through the use of weekly envelopes. Persons desiring the Duplex Envelopes for the support of the Parish and Missions are requested to apply to one of the clergy after High Mass or Evensong on Sundays, or to communicate with the Parish Secretary, Rector’s Office, 145 West 46th Street.