

The  
Woodcroft  
Book of Prayers

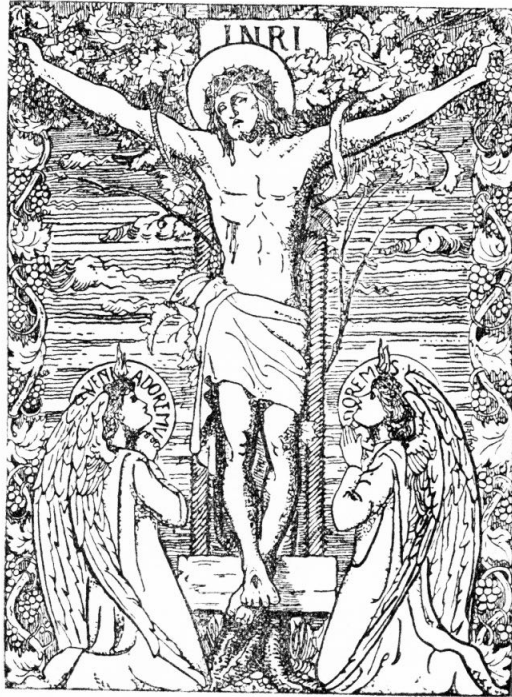


FIFTH EDITION

Holy Cross Press

WEST PARK, N. Y.

1946



Is it nothing to you, all ye that pass by?  
Behold, and see if there be any sorrow like  
unto My sorrow.                      Lamentations 1:12.

## Morning Prayers

*As soon as you are awake, make the Sign of the Cross, and say:*

✠ O God, Thou art my God: early will I seek Thee. My soul thirsteth for Thee; my flesh also longeth after Thee.

*On rising from your bed, kneel immediately and say:*

I praise my God this day:  
I give myself to God this day:  
I ask God to help me this day.

*While washing and dressing, say:*

Make me a clean heart, O God: wash me, and I shall be whiter than snow. Clothe me in Thy righteousness, and give me the ornament of a meek and humble spirit.

*When dressed, kneel down and say:*

✠ In the Name of the Father and of the Son and of the Holy Ghost. Amen.  
Our Father who art in heaven, etc.

Hail Mary, full of grace, the Lord is with Thee. Blessed art Thou among women, and blessed is the Fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

I believe in God, the Father Almighty, etc.

I laid me down and slept, and rose up again, for the Lord sustained me. Glory be to Thee, O Lord, for watching over me this night. Raise me up, O Lord, at the last day unto life everlasting.

Come, O Holy Ghost, my God, and fill my heart. Keep me, O Lord, this day without sin.

Guard my going out and my coming in, henceforth and for ever.

Show Thou me the way that I should walk in; for I lift up my soul unto Thee.

O God, Thou art my God, Who hast made me for Thyself. O Lord, Heavenly Father, to Thee I devote my heart, and my entire life. Grant me Thy grace, I implore Thee, that this day I may live as in Thy presence, and walk in the path of Thy commandments, following the example of my Saviour Christ, and being made like unto Him. Give to me Thy Holy Spirit that, trusting only in Him, I may overcome those sins which beset me.

Vouchsafe, O Gracious God, to me and ——— such blessings as we need both temporal and spiritual. I ask in the name and through the merits of Jesus Christ our Lord. Amen.

May the Almighty and Merciful Lord, ✠ Father, Son, and Holy Ghost, bless and preserve us, and bring us to life everlasting. Amen.

## Evening Prayers

*(If possible, get your Evening Prayers said early in the evening. Don't wait till bedtime. That would mean giving the last, tired minutes of the day to God.)*

✠ In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

O God, show me my sins.

O God, make me sorry for my sins.

O God, deliver me from my sins.

*Examine your conscience:*

Was I lazy in rising? Did I say my prayers? Have I done my work diligently? or have I been idle and wasted time? Have I judged my neighbour? given way to unkindly feelings? Have I spoken evil of any one, made mischief between neighbours, listened to evil? Have I been guilty of untruthfulness, deceit, or dishonesty? Have I indulged in vanity, seeking to gain admiration or praise? Have I given way to impatience, murmuring, or greediness, or to any bad thoughts? Have I used any bad words, been selfish in anything? Have I had any quarrel or disagreement?

*Tell God, one by one, what your sins have been, and then say:*

O God, I am sorry that I have offended Thee, who art so good: Forgive me for Jesus' sake, and I will try to sin no more. Amen.

*Give thanks, and ask for grace:*

My God, I thank Thee for all the blessings Thou hast sent me this day, and through my whole life.

O my God, I love Thee, and I want to love Thee more.

O dear God, I believe in Thee, and I hope in Thee for the pardon of my sins, for the help of

Thy grace, and for everlasting life, because of Thy love, Thy promises and Thy power.

Remember, Gracious God, for good my father, mother, brothers, sisters, husband, (wife,) children, god-children; bless all my relations, benefactors, and friends (especially N.) Give Thy grace and heavenly benediction to the clergy of this parish. Hear me, Good Lord, who commend unto Thy tender mercy all that labour under trials and afflictions. Have mercy upon this household; and grant that humility and meekness, peace and charity, chastity and purity, may rule therein. Grant that we may so correct and amend ourselves, that we may love, and fear, and serve Thee faithfully all our days; through our Lord and Saviour Jesus Christ. Amen.

Visit, we beseech Thee, O Lord, this habitation; drive far from it all snares of the Enemy; let Thy holy angels dwell herein to preserve us in peace, and let Thy blessing be ever upon us. Through Jesus Christ our Lord. Amen.

✠ May the Almighty and Merciful Lord, the Father, the Son, and the Holy Ghost, bless and preserve us now and evermore. Amen.

### BEDTIME PRAYERS

*On going to bed, kneel and say,*

Our Father, etc.

Hail Mary, full of grace, the Lord is with Thee. Blessed art Thou among women, and blessed is the Fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

I will lay me down in peace and take my rest, for it is Thou, Lord, only, that makest me dwell in safety.

✠ Into Thy hands, O Lord, I commend my spirit, for Thou hast redeemed me, O Lord, Thou God of truth.

## The Sacrament of Penance

*Before self-examination, say this prayer:*

O God, enlighten my heart and my conscience, that I may know my sins, both what I have done and what I have left undone. Grant that I may be truly sorry for them, knowing how deeply they have wounded Thy loving Heart; and help me to make a good confession that all stain of guilt may be washed away in the Precious Blood of Thy dear Son, Jesus Christ our Lord. Amen.

*Then think of yourself as God's child, and of the wickedness of following Satan rather than your loving Father.*

*Do not be in a hurry, and do not vex yourself because you cannot remember everything. Be honest with God and with yourself; this is all God asks of you.*

*Write down briefly what you remember of your sins. Don't try to depend on your memory. If there is any question you do not understand, let it alone, and go on to the next one.*

*Do not fret about your sins. Remember, you are trying to recall them in order that you may be forgiven, not that you may be condemned. "A broken and contrite heart, O God, shalt Thou not despise."*

Is there any great or habitual sin in my life of which I have not repented? Anything that weighs heavily on my conscience?

Have I said my prayers night and morning? Have I said them carelessly or in a hurry?

Have I attended the Holy Eucharist every Sunday when I could? Have I been regular about my Communions, and careful about preparing for them?

Have I been inattentive or irreverent in church, or led others into this sin?

Have I sworn, or taken God's Name in vain? Have I used bad language?

Have I laughed at religion, or at holy things? Have I been ashamed of my religion before others?

Have I delayed going to confession when I knew I needed to go? Have I ever kept anything back which I should have confessed?

Have I been diligent and honest in my work?

Have I been lazy? Not rising at the proper time in the morning? Not going to bed in good time at night?

Have I been disobedient to those over me?

Have I lost my temper? Said unkind things or untrue things? Have I apologized to those whom I have wronged, and done what I could to make amends for the wrong?

Have I quarrelled and refused to make it up?

Have I been selfish, putting myself first? or careless of others' rights and feelings?

Have I been proud, vain, and conceited?

Have I been impure in my thoughts, my talk, or in my actions either alone or with others? Have I read bad books, or looked at bad pictures? Have I led anyone else into such sins?

Have I taken more to drink than I ought? or smoked immoderately? Have I eaten too much, or in any way been gluttonous?

Have I told lies, or been dishonest in word or act? Have I stolen anything?

Have I been discontented and complaining?

*When you have written down all you can remember, read it over carefully, on your knees, and then say:*

O my God, I am heartily sorry for all my sins because they have offended Thee. Forgive me and

by Thy grace help me to sin no more. For Jesus Christ's sake. Amen.

*When you go to make your confession and receive your absolution, kneel in the church and say the following prayer:*

Accept, O God, I beseech Thee, this my confession, and of Thy lovingkindness, pardon all my sins, and give me the grace to sin no more. For the love of our Lord Jesus Christ, who died on the Cross that I might have Thy gracious pardon and forgiveness. Amen.

*If you have to wait, say some of the Penitential Psalms—Psalms 4, 22, 38, 51, 102, 130, and 143.*

*When your turn comes, kneel in the confessional, and say in a low voice:*

Bless me, Father, for I have sinned.

*When the priest has given you his blessing, say, without further delay:*

✠ I confess to God Almighty, to Blessed Mary and all the Saints, and to you, Father, that I have sinned exceedingly in thought, word, and deed, of my fault, of my own fault, of my own great fault. Especially, I accuse myself of the following sins since my last confession which was . . . . ago: (*Here read your confession just as you have written it.*) For these and all my other sins which I cannot now remember, I am heartily sorry, I firmly purpose amendment, and ask pardon of God, and of you, Father, penance, counsel and absolution. Wherefore, I beg Blessed Mary, all the Saints, and you, Father, to pray for me to the Lord our God. Amen.

*On receiving absolution, kneel in the church, and say the following thanksgiving:*

O Most Merciful God, who in forgiving our sins, rememberest them no more against us forever, accept my unworthy thanks for Thy great good-

ness in blotting out my transgressions. Let the grace of this absolution strengthen and sustain me, and may the pitifulness of Thy great mercy defend me evermore from all assaults of the enemy. Amen.

*Perform your penance as soon as possible. If it is a psalm or a prayer, say it before leaving the church.*

## The Holy Eucharist

### COUNSELS FOR COMMUNICANTS

The Lord's Service on the Lord's Day is the bounden duty of every baptized soul. You should be present at the Holy Eucharist every Sunday and greater Holy Day, even though you do not make your Communion.

Three times a year is the least that any Christian should receive the Holy Communion. The ideal is to receive every Sunday, or, at least, once a week.

It is a sacrilege to receive Holy Communion when one is in a state of serious sin. In order to avoid this, we are commanded by the Apostle to examine ourselves before receiving. If there is any serious doubt as to our spiritual condition, we should go to confession.

The Sacrament should always be received fasting from the previous midnight.

At the time of Communion women should remove their gloves and veils.

Kneel upright at the rail. Do not lean over the rail.

Genuflect in the aisle on leaving and on returning to your pew. Don't genuflect at the rail.

Receive the species of Bread in the palm of your right hand, making the left hand a support for the right, the hands to be lifted as high as your lips. Never take the Sacrament in your fingers; raise your hand to your lips carefully, looking to see if any particles of the Sacrament are left on your hand. Consume it immediately it is given to you.

Take the chalice firmly by the base, and guide it to your lips. Do not allow a Host which has been dipped in the chalice to be put into your hand; receive it in your mouth.

Leave the rail as soon as the person on your left has received the chalice.

On returning to your place, kneel and begin your prayers of praise and thanksgiving for the great Gift you have received.

#### PREPARATION FOR HOLY COMMUNION

Ps. 84. *Quam dilecta.*

O how amiable are Thy dwellings, \* Thou Lord of Hosts!

My soul hath a desire and longing to enter into the courts of the Lord; \* my heart and my flesh rejoice in the living God.

Yea, the sparrow hath found her an house, and the swallow a nest where she may lay her young; \* even Thy altars, O Lord of Hosts, my King and my God.

Blessed are they that dwell in Thy house; \* they will be always praising Thee.

Blessed is the man whose strength is in Thee; \* in whose heart are Thy ways.

Who going through the vale of misery use it for a well; \* and the pools are filled with water.

They will go from strength to strength, \* and unto the God of gods appeareth every one of them in Sion.

O Lord God of Hosts, hear my prayer; \* hearken O God of Jacob.

Behold, O God, our defender, \* and look upon the face of Thine Anointed.

For one day in Thy courts \* is better than a thousand.

I had rather be a door-keeper in the house of my God, \* than to dwell in the tents of ungodliness.

For the Lord God is a light and defence; \* the Lord will give grace and worship, and no good thing shall He withhold from them that live a godly life.

O Lord God of Hosts, \* blessed is the man that putteth His trust in Thee. Glory be.

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us. Our Father. V. And lead us not into temptation. R. But deliver us from evil. V. I said, Lord, be merciful unto me. R. Heal my soul, for I have sinned against Thee. V. Turn Thee again, O Lord, at the last. R. And be gracious unto Thy servants. V. Let Thy mercy, O Lord, be shewed upon us. R. As we do put our trust in Thee. V. Let Thy Priests be clothed with righteousness. R. And Thy Saints sing with joyfulness. V. Cleanse me, O Lord, from my secret faults. R. And keep Thy servant from presumptuous sins. V. O Lord, hear my prayer. R. And let my cry come unto Thee. Let us pray.

Most gracious God, incline Thy merciful ears to our prayers, and enlighten our hearts by the grace of the Holy Ghost: that we may worthily approach Thy holy mysteries, and love Thee with an everlasting love.

Inflame, O Lord, our reins and our heart with the fire of the Holy Ghost: that we may serve Thee with a chaste body, and please Thee with a clean heart.

We beseech Thee, O Lord, that the Comforter, who proceedeth from Thee, may enlighten our hearts: and lead us, as Thy Son hath promised, into all truth.

We beseech Thee, O Lord, let the power of the Holy Ghost come upon us: that it may mercifully cleanse our hearts, and defend us from all adversities.

Purify our consciences, we beseech Thee, O Lord, by Thy visitation: that our Lord Jesus Christ Thy Son, when He cometh, may find in us a mansion prepared for Himself. Who liveth and reigneth with Thee in the Unity of the Holy Ghost, ever One God, world without end. R. Amen.

*A Prayer of St. Thomas Aquinas*

Almighty, Everlasting God, lo, I draw near to the Sacrament of Thy only-begotten Son our Lord Jesus Christ; I draw nigh as one sick to the Physician of life, unclean to the Fountain of mercy, blind to the Light of eternal brightness, poor and needy to the Lord of heaven and earth. I implore, therefore, the abundance of Thine exceeding bounty, that Thou wouldest vouchsafe to heal my sickness, to wash my defilements, to enlighten my blindness, to enrich my poverty, and to clothe my nakedness; that I may receive the Bread of Angels, the King of kings, and Lord of lords, with such reverence and humility, such contrition and devotion, such purity and faith, such purpose and intention, as is expedient for the health of my soul. Grant me, I beseech Thee, that I may receive not only the Sacrament of the Body and Blood of the Lord, but the substance also and virtue of the Sacrament. O most merciful God, grant me so to receive the Body of Thy only-begotten Son, our Lord Jesus Christ, which He took of the Virgin Mary, that I may be worthy to be incorporated with His mystical Body, and accounted among His members. O most loving Father, grant me, that Thy beloved Son, whom I now purpose to receive veiled from sight, I may at length behold for ever face to face. Who liveth and reigneth with Thee in the Unity of the Holy Ghost, ever one God, world without end. Amen.

*DAILY PREPARATION DURING  
A WEEK*

Blessed Jesus, Who art about to come to us, Thy unworthy servants, in the Blessed Sacrament of Thy Body and Blood, prepare our hearts, we beseech Thee, for Thyself. Grant us that repentance for our past sins, that faith in the Atonement made for them by Thee upon the Cross, that full purpose of amendment of life, that perfect love

to Thee and to all men, which shall fit us to receive Thee. Lord, we are not worthy that Thou shouldest come under our roof, much less that we should receive Thee into ourselves; but since Thou didst not disdain to be laid in a manger amidst unclean beasts, so vouchsafe to enter into our souls and bodies, unclean though they be through many sins and defilements.

Lord, come to us that Thou mayest cleanse us.

Lord, come to us that Thou mayest heal us.

Lord, come to us that Thou mayest strengthen us

And grant that having received Thee, we may never be separated from Thee by our sins, but may continue Thine for ever, till we see Thee face to face in Thy heavenly Kingdom, where, with the Father and the Holy Ghost, Thou livest and reignest, ever One God, world without end. Amen.

*THE LITURGY*

*Try always to be in church at least five minutes before the beginning of the service. Kneel down and say:*

✠ In the Name of the Father and of the Son and of the Holy Ghost. Amen.

*Have a special intention, some persons or objects for which you wish to pray at this service, and offer the*

*Prayer to direct the intention:*

O God, who makest the unworthy worthy, the unclean clean, and sinners to be holy, cleanse my heart and soul from all stain of sin, that I may worthily assist at Thy holy altar; and grant that the Sacrifice to be here offered may be acceptable to Thee:

As an Act of Adoration;

As a thanksgiving for all Thy mercies;

As a sin-offering for all my sins and offences;

As an Act of Supplication for all here present, for the Church throughout the world, for those



who are united to me by kinship or acquaintance, for the Faithful Departed, for all who are sick or suffering, for the dying, and for myself that I may grow in virtue, and obtain the rewards of Thy Kingdom. Amen.

*Prayer for the Priest*

The Lord be in thy heart, and on thy lips, and make thee a worthy Minister at His Altar: the Lord be merciful to thee, and forgive thee all thy sins, and bring thee to everlasting life; the Lord accept this Holy Sacrifice at thy hands to His greater glory and for our necessities: In the Name ✕ of the Father, and of the Son, and of the Holy Ghost. Amen.

Almighty God, unto Whom all hearts are open, all desires known, and from Whom no secrets are hid; Cleanse the thoughts of our hearts by the inspiration of Thy Holy Spirit that we may perfectly love Thee, and worthily magnify Thy Holy Name; through Christ our Lord. Amen.

*The Decalogue*

God spake these words, and said:

I am the Lord thy God; Thou shalt have none other gods but Me.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them;

for I the Lord thy God am a jealous God, and visit the sins of the fathers upon the children, unto the third and fourth generation of them that hate me; and show mercy unto thousands in them that love me and keep my commandments.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

Thou shalt not take the Name of the Lord thy God in vain;

for the Lord will not hold him guiltless, that taketh his Name in vain.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

Remember that thou keep holy the Sabbath-day.

Six days shalt thou labour, and do all that thou hast to do; but the seventh day is the Sabbath of the Lord thy God. In it thou shalt do no manner of work; thou, and thy son, and thy daughter, thy man-servant, and thy maid-servant, thy cattle, and the stranger that is within thy gates. For in six days the Lord made heaven and earth, the sea and all that in them is, and rested the seventh day: wherefore the Lord blessed the seventh day, and hallowed it.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

Honour thy father and thy mother;

that thy days may be long in the land which the Lord thy God giveth thee.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

Thou shalt do no murder.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

Thou shalt not commit adultery.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

Thou shalt not steal.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

Thou shalt not bear false witness against thy neighbour.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

Thou shalt not covet

thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his servant, nor his maid, nor his ox, nor his ass, nor any thing that is his.

*Lord, have mercy upon us, and write all these Thy laws in our hearts, we beseech Thee.*

*Then may the Priest say,*

Hear what our Lord Jesus Christ saith.

Thou shalt love the Lord thy God, with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it; Thou shalt love thy neighbour as thyself. On these two commandments hang all the Law and the Prophets.

*Here, if the Decalogue hath been omitted, shall be said,*

Lord, Have mercy upon us.

Lord, Have mercy upon us.

Lord, Have mercy upon us.

Christ, Have mercy upon us.

Christ, Have mercy upon us.

Christ, Have mercy upon us.

Lord, Have mercy upon us.

Lord, Have mercy upon us.

Lord, Have mercy upon us.

*The Collects for the Day*

*The Epistle*

*The Holy Gospel*

*After the announcement of the Gospel, say:*  
Glory be to Thee, O Lord.

*After the Gospel, say:*

Praise be to Thee, O Christ.

*THE NICENE CREED*

I believe in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God; Begotten of His Father before all worlds, God of God, Light of Light, Very God of very God; Begotten, not made; Being of one substance with the Father; By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man: And was crucified also for us under Pontius Pilate; He suffered and was buried: And the third day He rose again according to the Scriptures: And ascended into heaven, And sitteth on the right hand of the Father: And He shall come again, with glory, to judge both the quick and the dead; Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, and Giver of Life, Who proceedeth from the Father and the Son; Who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets: And I believe one Catholic and Apostolic Church: I acknowledge one Baptism for the remission of sins: And I look for the Resurrection of the dead: And the Life of the world to come. Amen. ✠

*When you give your alms, say:*

May our prayers and our alms come up as a memorial before Thee, O Lord.

*THE OBLATION OF THE ELEMENTS*

*At the offering of the Bread, say:*

Receive, O Holy Trinity, this Oblation which, in union with Thy priest we offer unto Thee in remembrance of the Passion, Resurrection and Ascension of Jesus Christ, our Lord, that it may tend to our salvation and that of the whole world. Amen.

*At the Mixture of the Chalice:*

One of the soldiers with a spear pierced His side, and forthwith came thereout Blood and water.

O God, who didst wonderfully create, and yet more wonderfully renew the dignity of the substance of man: Grant that by the mystery of this Water and Wine, we may become partakers of His Divine Nature who vouchsafed to become partaker of our manhood, Jesus Christ, Thy Son our Lord. Amen.

*At the Offering of the Chalice:*

We offer to Thee, O Lord, at the hands of Thy priest, the Cup of Salvation, humbly beseeching Thy mercy that it may ascend before Thy Divine Majesty as a sweet smelling savour for our salvation, and that of the whole world. Amen.

Come, Holy Ghost, Almighty and Everlasting God, and bless this Sacrifice prepared for Thy Holy Name.

*THE PRAYER FOR THE CHURCH*

Almighty and everliving God, who by Thy holy Apostle hast taught us to make prayers, and supplications, and to give thanks for all men; We humbly beseech Thee most mercifully to accept our [*alms and*] oblations, and to receive these our prayers, which we offer unto Thy Divine Majesty; beseeching Thee to inspire continually the Universal Church with the spirit of truth, unity, and concord: And grant that all those who do confess Thy holy Name may agree in the truth of Thy holy Word, and live in unity and godly love.

We beseech Thee also, so to direct and dispose the hearts of all Christian Rulers, that they may truly and impartially administer justice, to the punishment of wickedness and vice, and to the maintenance of Thy true religion, and virtue.

Give grace, O heavenly Father, to all Bishops and other Ministers, that they may, both by their life and doctrine, set forth Thy true and lively Word, and rightly and duly administer Thy holy Sacraments.

And to all Thy People give Thy heavenly grace; and especially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive Thy holy Word; truly serving Thee in holiness and righteousness all the days of their life.

And we most humbly beseech Thee, of Thy goodness, O Lord, to comfort and succour all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless Thy holy Name for all Thy servants departed this life in Thy faith and fear; beseeching Thee to grant them continual growth in Thy love and service, and to give us grace so to follow their good examples, that with them we may be partakers of Thy heavenly kingdom. Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate. Amen.

*THE EXHORTATION*

Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbours and intend to lead a new life, following the commandments of God, and walking from henceforth in His holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, devoutly kneeling.

*THE CONFESSION*

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against Thy Divine Majesty, Provoking most

justly Thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For Thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please Thee, In newness of life, To the honour and glory of Thy Name; Through Jesus Christ our Lord. Amen.

### THE ABSOLUTION

Almighty God, our Heavenly Father, Who of His great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto Him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. Amen.

### THE COMFORTABLE WORDS

Hear what comfortable words our Saviour Christ saith unto all who truly turn to Him.

Come unto Me all ye that travail and are heavy laden, and I will refresh you.

So God loved the world, that He gave His only begotten Son, to the end that all that believe in Him should not perish, but have everlasting life.

Hear also what Saint Paul saith:

This is a true saying, and worthy of all men to be received, That Christ Jesus came into the world to save sinners.

Hear also what Saint John saith:

If any man sin we have an Advocate with the Father, Jesus Christ the righteous; and He is the Propitiation for our sins.

### THE SURSUM CORDA

The Lord be with you.

*And with thy spirit.*

Lift up your hearts.

*We lift them up unto the Lord.*

Let us give thanks unto our Lord God.

*It is meet and right so to do.*

### THE PREFACE

It is very meet, right, and our bounden duty, that we should at all times and in all places, give thanks unto Thee, O Lord, Holy Father, Almighty, Everlasting God.

*Here shall follow the Proper Preface, according to the time, if there be any specially appointed; or else immediately shall be said or sung by the Priest,*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify Thy glorious Name; evermore praising Thee, and saying,

*Priest and People.*

HOLY, HOLY, HOLY, Lord God of hosts, Heaven and earth are full of Thy glory: Glory be to Thee, O Lord Most High. Amen.

### PROPER PREFACES

#### CHRISTMAS

*Upon Christmas Day, and seven days after.*

Because thou didst give Jesus Christ, Thine only Son, to be born as at this time for us; who, by the operation of the Holy Ghost, was made very man, of the substance of the Virgin Mary His mother; and that without spot of sin, to make us clean from all sin.

Therefore with Angels, etc.

## EPIPHANY

*Upon the Epiphany, and seven days after.*

Through Jesus Christ our Lord; who, in substance of our mortal flesh, manifested forth His glory; that He might bring us out of darkness into His own glorious light.

Therefore with Angels, etc.

## PURIFICATION, ANNUNCIATION, AND TRANSFIGURATION

*Upon the Feasts of the Purification, Annunciation, and Transfiguration.*

Because in the Mystery of the Word made flesh, Thou hast caused a new light to shine in our hearts, to give the knowledge of Thy glory in the face of Thy Son, Jesus Christ our Lord.

Therefore with Angels, etc.

## EASTER

*Upon Easter Day, and seven days after.*

But chiefly are we bound to praise Thee for the glorious Resurrection of Thy Son, Jesus Christ our Lord: for He is the very Paschal Lamb, which was offered for us, and hath taken away the sin of the world; who by His death hath destroyed death, and by His rising to life again hath restored to us everlasting life.

Therefore with Angels, etc.

## ASCENSION

*Upon Ascension Day, and seven days after.*

Through Thy most dearly beloved Son, Jesus Christ our Lord; who, after His most glorious Resurrection, manifestly appeared to all His Apostles, and in their sight ascended up into heaven, to prepare a place for us; that where He is, thither we might also ascend, and reign with Him in glory.

Therefore with Angels, etc.

## WHITSUNTIDE

*Upon Whitsunday, and six days after.*

Through Jesus Christ our Lord; according to whose most true promise, the Holy Ghost came down as at this time from heaven, lighting upon the disciples, to teach them, and to lead them into all truth; giving them boldness with fervent zeal constantly to preach the Gospel unto all nations; whereby we have been brought out of darkness and error into the clear light and true knowledge of Thee, and of Thy Son, Jesus Christ.

Therefore with Angels, etc.

## TRINITY SUNDAY

*Upon the Feast of Trinity only.*

Who, with Thine only-begotten Son, and the Holy Ghost, art one God, one Lord, in Trinity of Persons and in Unity of Substance. For that which we believe of Thy glory, O Father, the same we believe of the Son, and of the Holy Ghost, without any difference of inequality.

Therefore with Angels, etc.

*Or this.*

For the precious death and merits of Thy Son Jesus Christ our Lord, and for the sending to us of the Holy Ghost, the Comforter; who are one with Thee in Thy Eternal Godhead.

Therefore with Angels, etc.

## ALL SAINTS

*Upon All Saints' Day, and seven days after.*

Who, in the multitude of Thy Saints, hast compassed us about with so great a cloud of witnesses that we, rejoicing in their fellowship, may run with patience the race that is set before us, and, together with them, may receive the crown of glory that fadeth not away.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify Thy glorious Name; evermore praising Thee, and saying,

*Priest and People.*

HOLY, HOLY, HOLY, Lord God of hosts, Heaven and earth are full of Thy glory: Glory be to Thee, O Lord Most High. Amen.

Blessed is He that cometh in the Name of the Lord: Hosanna in the Highest. Amen.

### THE CONSECRATION

All glory be to Thee, Almighty God, our heavenly Father, for that Thou of Thy tender mercy didst give Thine only Son Jesus Christ to suffer death upon the Cross for our Redemption; Who made there (by His one oblation of Himself once offered) a full, perfect, and sufficient Sacrifice, Oblation, and Satisfaction, for the sins of the whole world; and did institute, and in His Holy Gospel command us to continue, a perpetual Memory of that His precious Death and Sacrifice, until His coming again; For, in the night in which He was betrayed, He took Bread; and, when He had given thanks, He brake it, and gave it to His disciples, saying, Take, eat, this is My body which is given for you: Do this in remembrance of Me.

*After the consecration of the Bread, say:*

Hail, Most Holy Body of Christ, to me above all things the sum and fulness of delight; I worship Thee and adore Thee.

Likewise after supper He took the Cup; and, when He had given thanks, He gave it to them, saying, Drink ye all of this; for this is My blood of the New Testament, which is shed for you and for many for the remission of sins: Do this as oft as ye shall drink it, in remembrance of Me.

*After the consecration of the Cup, say:*

Hail, Most Precious Blood of Christ, to me above all things the sum and fulness of delight; I worship Thee and adore Thee.

### THE OBLATION

Wherefore, O Lord and heavenly Father, according to the institution of Thy dearly beloved Son our Saviour Jesus Christ, we, Thy humble servants, do celebrate and make here before Thy Divine Majesty, with these Thy holy gifts, which we now offer unto Thee, the memorial Thy Son hath commanded us to make; having in remembrance His blessed passion and precious death, His mighty resurrection and glorious ascension; rendering unto Thee most hearty thanks for the innumerable benefits procured unto us by the same.

### THE INVOCATION

And we most humbly beseech Thee, O merciful Father, to hear us; and, of Thy almighty goodness, vouchsafe to bless and sanctify, with Thy Word and Holy Spirit, these Thy gifts and creatures of bread and wine; that we, receiving them according to Thy Son our Saviour Jesus Christ's holy institution, in remembrance of His death and passion, may be partakers of His most blessed Body and Blood.

And we earnestly desire Thy fatherly goodness, mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching Thee to grant that, by the merits and death of Thy Son Jesus Christ, and through faith in His blood, we, and all Thy whole Church, may obtain remission of our sins, and all other benefits of His passion. And here we offer and present unto Thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto Thee; humbly beseeching Thee, that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of

Thy Son Jesus Christ, be filled with Thy grace and heavenly benediction, and made one body with Him, that He may dwell in us, and we in Him. And although we are unworthy, through our manifold sins, to offer unto Thee any sacrifice; yet we beseech Thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto Thee, O Father Almighty, world without end. Amen.

And now, as our Saviour Christ hath taught us, we are bold to say,

Our Father, who art in heaven, Hallowed be Thy Name. Thy kingdom come. Thy will be done, On earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses. As we forgive those who trespass against us. And lead us not into temptation, But deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

#### *THE PRAYER OF HUMBLE ACCESS*

We do not presume to come to this Thy table, O merciful Lord, trusting in our own righteousness, but in Thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under Thy table. But Thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the Flesh of Thy dear Son Jesus Christ, and to drink His Blood, that our sinful bodies may be made clean by His Body, and our souls washed through His most precious Blood, and that we may evermore dwell in Him, and He in us. Amen.

#### *DEVOTIONS AFTER THE PRAYER OF CONSECRATION*

O Most Gracious Father, Accept this pure, this holy Sacrifice at the hands of Thy priest, in union with that All-Holy Sacrifice which Thy Beloved Son, throughout His whole life, at the Last Supper, and on the Cross, offered unto Thee, for me, for . . . , and for all for whom He vouchsafed to die.

O Lamb of God that takest away the sins of the world, Have mercy upon us.

O Lamb of God that takest away the sins of the world, Have mercy upon us.

O Lamb of God that takest away the sins of the world, Grant us Thy peace.

I adore Thee, O Lord My God, whom I now behold veiled beneath these earthly forms. Prostrate I adore Thy Majesty, and because, sinful and unworthy as I am, I cannot honour Thee as I ought, I unite myself with Thy saints and angels in their more perfect adoration.

Hail, Most Holy Body of Christ, Hail Living Bread that comest down from heaven to give life unto the world! Hail, Most Precious Blood of Jesus, shed for sinners! above all things the sum and fulness of delight, Hail, Saving Victim, offered for me, and for all mankind! Christ, Eternal King, Man crucified for man!

Behold, I praise, I bless, I glorify Thee. I would that all might glorify Thee in this Mystery of Thy love. And grant to me that dying to the world, and living here a life hidden in Thee, I may hereafter see Thy Face unveiled, to love and adore and rejoice in Thee through All Eternity. Amen.

Jesus is here with us,

Jesus is here;

Earth fades in mist away,

Heaven's gate is near.

Doubt not, sad heart, nor fear,

For Thy dear Lord is here,

Jesus is here.



First fruits of Bethlehem,  
Thee we adore;  
God in the House of Bread,  
Tarries once more:  
With lowly faith draw near,  
For our own Lord is here,  
Jesus is here.

Jesus here pleads for man  
Pardon to win;  
Pure flesh in earthly veil,  
Offered for sin;  
Sinful man's sins to bear,  
The Lamb of God is here,  
Jesus is here!

*Immediately before communicating:*

O come, Blessed Jesus, and take full possession of my heart forever. I offer it to Thee without reserve; I desire to consecrate it eternally to Thee; I believe in Thee; I hope in Thee; I love Thee above all things—at least I desire so to love Thee. I grieve for love of Thee that I have ever offended Thee. Pardon, forgive, atone. Amen.

*On kneeling at the altar:*

Lord, I am not worthy that Thou shouldest come under my roof, but speak the word only, and Thy servant shall be healed. Lord, come to me to cleanse me. Lord, come to me to heal me. Lord, Come to me to strengthen me.

*On receiving the Lord's Body:*

O my God, Thou art holy; O my soul, Thou art blessed. Abide with me, O Lord.

*On receiving the Lord's Blood:*

Cleanse my soul, O Lord, in Thy Precious Blood, and let It be my joy and strength forever.

*On returning to your place, say:*

May Thy Body, O Lord, which I have received and Thy Blood which I have drunk, so cleave to

my soul that no stain of sin may remain in me who have been refreshed with this most pure and holy Sacrament. Amen.

We adore Thee, O Christ, and we bless Thee, because by Thy Holy Cross Thou hast redeemed the world.

I thank Thee, O heavenly Father.

I thank Thee, O Divine Son.

I thank Thee, most Holy Spirit of God.

I praise, bless, and magnify Thee, O Holy, Blessed, and Glorious Trinity, for Thy power, wisdom, and love, displayed in this wonderful Sacrament, beseeching Thee that through its grace and virtue we may be so hallowed in body and soul, that we may be counted worthy, through the merits of Christ, to praise and adore Thee with thanksgiving in Thy kingdom forever. Amen.

*If there is time, while others are making their Communions, use some of the Devotions on page 37.*

*If you do not make your Communion, say the following:*

*ACT OF SPIRITUAL COMMUNION*

O most loving Jesus, O most blessed Saviour, come to me, I beseech Thee, and unite me to Thyself. Though I cannot now receive Thee sacramentally, yet I believe that Thou art able, even when received by faith and desire only, to heal, enrich and sanctify me. Come Thou spiritually into my heart. I desire to unite myself to Thee, with all the affections of my soul. Possess me wholly; let the consuming fire of Thy love absorb me, and Thy Presence abiding so intimately in me, that it will be no longer I that live, but Thou who livest in me. Amen.

*THE THANKSGIVING*

Almighty and everliving God, we most heartily thank Thee, for that Thou dost vouchsafe to feed us who have duly received these holy mysteries,



with the spiritual food of the most precious Body and Blood of Thy Son our Saviour Jesus Christ; and dost assure us thereby of Thy favour and goodness towards us; and that we are very members incorporate in the mystical body of Thy Son, which is the blessed company of all faithful people; and are also heirs through hope of Thy everlasting kingdom, by the merits of His most precious death and passion. And we humbly beseech Thee, O heavenly Father, so to assist us with Thy grace, that we may continue in that holy fellowship, and do all such good works as Thou hast prepared for us to walk in; through Jesus Christ our Lord, to Whom, with Thee, and the Holy Ghost, be all honour and glory, world without end. Amen.

### GLORIA IN EXCELSIS

Glory be to God on high, and on earth peace, good will towards men. We praise Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks to Thee for Thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For Thou only art holy; Thou only art the Lord; Thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen. ✠

### THE BENEDICTION

The Peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of His Son Jesus Christ our Lord: ✠ And the Blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. Amen.

### CLOSING DEVOTIONS

Grant, O Lord, that we which are Thy soldiers here may enjoy Thy peace hereafter; that the eyes which have looked upon Thee in Thy Sacrament of love may also behold the fruition of Thy blessed hope; that the tongues which have sung Thy praises may also speak the truth; that the feet which have stood in Thy Sanctuary may walk in the land of light; and that the bodies which have feasted on Thy living Body may be restored in newness of life, to dwell with Thee where Thou reignest with the Father, and the Holy Ghost, in the Unity of Godhead, King for ever more. Amen.

Behold, O Eternal Father, the Salutory Sacrifice of the Eucharist is done. May It be acceptable to Thee, inasmuch as in It Thy Son, in Whom Thou art ever well pleased, is set forth before Thee. May He now, I beseech Thee, perform the office of a Mediator and Advocate, where He sitteth at Thy Right Hand, and maketh intercession for us. Remember all His patience, love, and pity; and vouchsafe to listen to one who prayeth in the Name of Thy beloved Son; for He Himself hath said, If ye shall ask anything in My Name, He will give it to you. This one thing I ask, O Lord, let this Sacrifice be well pleasing to Thee, to the glory of Thy Name; and may It be profitable to the Salvation of all Thy faithful servants. Amen.

Thanks be to God. Amen.

### THANKSGIVING AFTER COMMUNION

Let us sing the song of the three children.

O all ye Works of the Lord, bless ye the Lord: praise Him, and magnify Him for ever.

O ye Angels of the Lord, bless ye the Lord: praise Him, and magnify Him for ever.

O ye Children of Men, bless ye the Lord: praise Him, and magnify Him for ever.

O let Israel bless the Lord: praise Him, and magnify Him for ever.

O ye Priests of the Lord, bless ye the Lord: praise Him, and magnify Him for ever.

O ye Servants of the Lord, bless ye the Lord: praise Him, and magnify Him for ever.

O ye Spirits and Souls of the Righteous, bless ye the Lord: praise Him, and magnify Him for ever.

O ye holy and humble Men of heart, bless ye the Lord: praise Him, and magnify Him for ever.

O Ananias, Azarias, and Misaël, bless ye the Lord: praise Him, and magnify Him for ever.

Glory be to the Father, and to the Son: and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be: world without end. Amen.

O praise God in His holiness: praise Him in the firmament of His power.

Praise Him in His noble acts: praise Him according to His excellent greatness.

Praise Him in the sound of the trumpet: praise Him upon the lute and harp.

Praise Him in the cymbals and dances: praise Him upon the strings and pipe.

Praise Him upon the well-tuned cymbals: praise Him upon the loud cymbals.

Let everything that hath breath: praise the Lord.

Glory be to the Father, and to the Son: and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be: world without end. Amen.

Let us sing the song of the three children: which they sang as they blessed the Lord in the furnace of fire.

Lord, have mercy upon us.

*Christ, have mercy upon us.*

Lord, have mercy upon us.

Our Father, Who art in heaven, Hallowed be Thy Name. Thy kingdom come. Thy will be done on earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

All Thy works praise Thee, O Lord:  
*And Thy saints give thanks unto Thee.*

Let Thy saints be joyful with glory:  
*Let them rejoice in their beds.*

Not unto us, O Lord, not unto us:  
*But unto Thy Name, give the praise.*

Lord, hear our prayer:  
*And let our cry come unto Thee.*

O God, who didst to the three children soothe the flames of fire, mercifully grant that the flames of sin may not kindle upon us Thy servants.

Prevent us, O Lord, in all our doings with Thy most gracious favour, and further us with Thy continual help: that in all our works begun, continued, and ended in Thee, we may glorify Thy holy Name, and finally by Thy mercy obtain everlasting life.

Grant us, O Lord, we beseech Thee, grace to quench the flames of our sins as Thou didst endure the Blessed Lawrence with power to overcome the fire of his torments. Through Jesus Christ our Lord. Amen.

We render Thee thanks, O Lord, holy Father, Almighty, Everlasting God, Who for no merits of ours, but of the condescension of Thy mercy only, hast vouchsafed to feed us sinners, Thine unworthy servants, with the precious Body and Blood of Thy Son, our Lord Jesus Christ. We pray Thee that this holy Communion may not bring guilt upon us to condemnation, but may be unto us for pardon

and salvation. Let it be to us an armour of faith and a shield of good purpose; a riddance of all vices; a rooting out of all evil desires and longings; an increase of love and patience, of humility and obedience, and of all virtues; a firm defence against the wiles of our enemies visible and invisible; a perfect quieting of all our impulses fleshly and spiritual; a firm adherence to Thee, the one true God; and a happy consummation of our end: and we pray Thee that Thou wouldst vouchsafe to bring us sinners to that ineffable feast, where Thou with Thy Son and the Holy Ghost are to Thy saints true light, full satisfaction, everlasting joy, complete delight, and perfect happiness; through the same Christ our Lord. Amen.

We beseech Thee, O Lord Jesus Christ, that Thy Passion may be unto us virtue, whereby we may be fenced, protected, and defended; let Thy Wounds be to us meat and drink, whereby we may be fed, satisfied, and delighted; let the sprinkling of Thy Blood be unto us the washing away of all our sins; let Thy Death be unto us eternal glory. In Thee be all our food and gladness, the health and sweetness of our souls; for Thy mercy's sake, Who livest and reignest for ever and ever. Amen.

#### *ANIMA CHRISTI*

Soul of Christ, sanctify me!  
 Body of Christ, save me!  
 Blood of Christ, inebriate me!  
 Water from the side of Christ, wash me!  
 Passion of Christ, strengthen me!  
 O Good Jesu, hear me!  
 Within Thy wounds hide me!  
 Suffer me not to be separated from Thee!  
 From the malicious enemy defend me!  
 In the hour of my death, call me!  
 And bid me come to Thee,  
 That with Thy saints I may praise Thee,  
 For ever and ever. Amen.

## Devotions before the Blessed Sacrament

Who art Thou, O Lord, and what am I?  
 Dost Thou come unto me, O King, most High,  
 even to the very lowest of Thy servants?

Let my soul, O Lord, feel the sweetness of Thy presence. May it taste how sweet Thou art, O Lord, that allured by love of Thee, it may seek for nothing wherein to rejoice out of Thee; for Thou art the Joy of my heart, and my God, and my Portion for ever.

O Thou true Light, which enlightenest every man that cometh into the world, enlighten mine eyes, that I sleep not in death.

O Fire continually burning, and never failing! Behold how lukewarm and cold I am; oh! do Thou inflame my reins and my heart, that they may be on fire with the love of Thee. For Thou camest to send fire on the earth.

O that I might love Thee as well as ever any creature loved Thee! let me think nothing but Thee, desire nothing but Thee, enjoy nothing but Thee.

O my Lord and my God, Behold I am Thy servant; give me understanding, and enkindle my affections, that I may know and do Thy will.

Thou art my Love and all my Joy: Thou art my God and my All: Thou art the Portion of mine inheritance and of my cup; Thou art He Who shall maintain my lot.

O my God and my All! may the sweet and burning power of Thy love, I beseech Thee, absorb my soul, that I may die unto the world for the love of Thee, Who for the love of my love hast vouchsafed to die upon the Cross, O my God and my All!

O Jesus, be a Saviour unto me. Thou art all things unto me. Let nothing ever please me but what savours of Thee, and of Thy miraculous sweetness.

*Prayer of Thomas à Kempis*

Grant me Thy grace, most Merciful Jesus, that it may be with me, and work with me, and continue with me even to the end. Grant me ever to will and to desire what is most pleasing unto Thee. Let Thy will be mine, and my will ever follow Thine in perfect agreement with it, that so I may neither choose nor reject, save what Thou choosest and rejectest.

Grant me to die to all that is in the world, and for love of Thee to be content to be despised and unknown in this life. Grant me above all objects of desire, to rest in Thee, and to still my heart to perfect peace in Thee. For Thou art the true Peace of the heart, Thou art its only Rest, and out of Thee all is restless and unquiet. In this Peace, that is in Thyself alone, my chiefest and eternal Good, may I lay me down and take my rest. Amen.

*O Salutaris*

O Saving Victim, opening wide  
The gate of Heaven to man below,  
Our foes press on from every side,  
Thine aid supply, Thy strength bestow.

All praise and thanks to Thee ascend  
For evermore, Blest One in Three;  
O grant us life that shall not end  
In our true native land with Thee. Amen.

*Tantum Ergo*

Therefore, we, before Him bending,  
This great Sacrament revere;  
Types and shadows have their ending,  
For the newer rite is here;  
Faith, our outward sense befriending,  
Makes our inward vision clear.

Glory let us give, and blessing  
To the Father, and the Son,  
Honour, might, and praise addressing,  
While eternal ages run;  
Ever to His love confessing,  
Who from Both with Both is One.

O Sacred Banquet wherein Christ is received, the memory of His Passion renewed, the soul is filled with grace and a pledge of future glory is given unto us. [Alleluia.]

*V.* Thou gavest them Bread from Heaven.

*R.* *Containing in itself all sweetness.*

O God, Who, in this wonderful Sacrament, hast left us a memorial of Thy Passion; Grant us, we beseech Thee, always so to venerate the Sacred Mysteries of Thy Body and Blood, that we may perceive within ourselves the fruit of Thy Redemption, Who livest and reignest with the Father, in the unity of the Holy Spirit, God for ever and ever. Amen.

*THE DIVINE PRAISES*

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true man.  
Blessed be the Name of Jesus.  
Blessed be His most sacred Heart.  
Blessed be Jesus in the most Holy Sacrament of the Altar.  
Blessed be the Holy Ghost, the Comforter.  
Blessed be the Mother of God, Mary most Holy.  
Blessed be the Name of Mary, Virgin and Mother.  
Blessed be Saint Joseph, her most chaste Spouse.  
Blessed be God in His Angels and in His Saints.