

A BOOK
about
THE

S E V E N
SACRAMENTS

for Sam, Sally and Bill

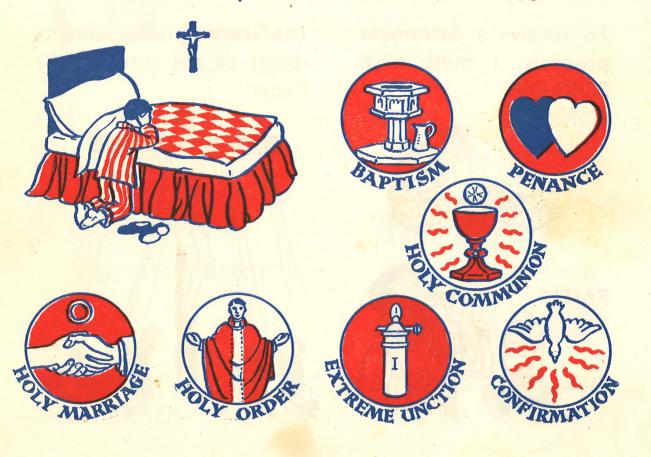
# GRACE is help freely given by God

I need God's Grace in order to make the journey of life and get to Heaven



I GET GOD'S GRACE CHIEFLY BY

PRAYER and by the SEVEN SACRAMENTS



# A SACRAMENT HAS 2 PARTS

# AN OUTWARD VISIBLE SIGN

Something I can see (and hear) which makes me sure that I receive the



or particular help of the particular Sacrament





To receive a Sacrament properly, I must have SORROW





The Grace of the Sacraments comes to me through the Cross



3 of the Sacraments give a CHARACTER to the soul,

and can only be received once

They make a mark which can

never be blotted out

BAPTISM
CONFIRMATION
HOLY ORDER



2 of the Sacraments are called



SACRAMENTS OF THE DEAD

They are for souls dead in sin

BAPTISM PENANCE

2 of the Sacraments are only used by certain people

for their particular job in life

HOLY ORDER
HOLY MARRIAGE



BAPTISM MUST BE RECEIVED BY ALL BEFORE ANY OTHER SACRAMENT CAN BE RECEIVED



# The OUTWARD SIGN:

### WATER

which is poured



WORDS—"N . . . I baptise thee in the Name of the Father, and of the Son, and of the Holy Ghost, Amen"

(N... means that the Christian name is said first. So our Christian name is given to us at Baptism)

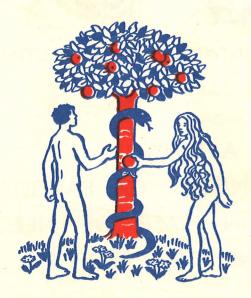
## The INWARD GRACE:

A CLEAN START AS GOD'S CHILD

### -BY BAPTISM I AM MADE CLEAN FROM

### ORIGINAL SIN

which I inherit from Adam and Eve



BAPTISM IS A
SACRAMENT OF THE DEAD



because I am dead by sin till Baptism gives me New Life

## ACTUAL SIN

which I actually do myself



BAPTISM IS THE DOOR OF THE CHURCH



which I must enter in fe order to gain Eternal Life

## BAPTISM GIVES A SOUL THE

CHARACTER OF A





CHRISTIAN ONCE A CHRISTIAN ALWAYS A CHRISTIAN

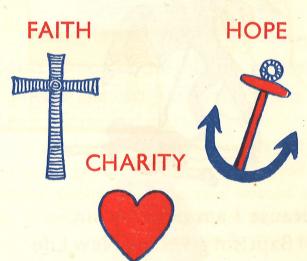


A PRIEST IS THE MINISTER OF BAPTISM, THOUGH IN CASE OF NEED ANYONE CAN BAPTISE

WHEN I AM BAPTISED I AM GIVEN

A GUARDIAN ANGEL and THE GIFTS OF





# THE BAPTISMAL COVENANT (A Covenant is a binding agreement)



# A COVENANT IS MADE BETWEEN THE SOUL AND GOD

God does 3 things for me and I promise to do 3 things for God

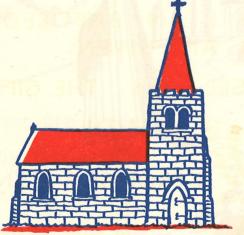
## GOD MAKES ME-

### I. A MEMBER OF CHRIST

(A Member is a living part of a living body)



The Church is the Body of Christ I become part of Him as my finger is part of my body



l become a living stone in a building which is the Church of Christ



Christ said: "I am the Vine, ye are the branches." I am grafted into Him

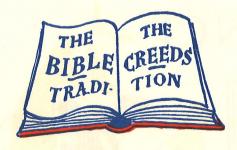
# 2. THE CHILD OF GOD

I am God's child by nature
In Baptism I become His child
by grace. He adopts me



# 3. AN INHERITOR OF THE KINGDOM OF HEAVEN







2. TO BELIEVE WHAT IS TRUE

3. TO DO WHAT IS RIGHT

These promises are made for me by my Godparents, who promise that I shall learn about them and keep them when I am old enough to understand



# PENANCE



## The OUTWARD SIGN:

THE CONFESSION
AND
THE ABSOLUTION

The words that I say when I make my confession, and the words said by the priest when he gives me absolution (God's forgiveness)

## The INWARD GRACE:

CLEANSING FROM SIN AND GRACE TO DO BETTER



My dirty heart is made clean

# Sin committed after Baptism is called

ACTUAL SIN

MORTAL SIN

VENIAL SIN







Venial Sin is lesser sin

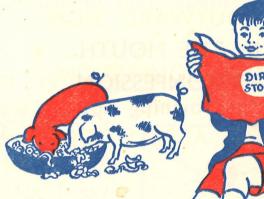
## THE 7 DEADLY SINS are



PRIDE



**ANGER** 



GLUTTONY

LUST



**ENVY** 



**AVARICE** 



SLOTH

In PENANCE my sins are washed away by the PRECIOUS BLOOD of JESUS

To make a good Confession I must have 3 things:

I. IN THE HEART

CONTRITION

(real sorrow)



3. IN THE LIFE

AMENDMENT

(doing better)

If we are really sorry we shall try not to sin again

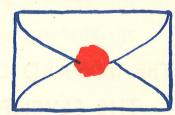




Jesus said: "There is joy in the presence of the Angels of God over one sinner that repenteth"



A PRIEST IS THE MINISTER OF CONFESSION He will never tell anyone what I say



him in Confession. This is

called the SEAL OF THE CONFESSIONAL

PENANCE is also called GOING TO CONFESSION

# CONFIRMATION



# The OUTWARD SIGN:

THE LAYING ON OF HANDS



### The INWARD GRACE:

THE SEVENFOLD GIFT OF THE HOLY GHOST



Knowledge

Godliness

Holy Fear

CONFIRMATION makes me FIRM and strong
It perfects the Grace received in Baptism

CONFIRMATION gives me the

# CHARACTER OF A SOLDIER OF CHRIST

and, like Baptism, can only be received once



A BISHOP



is the Minister of Confirmation

At Confirmation I renew the 3 Vows made for me by my godparents at my Baptism

Children used to be confirmed directly after their Baptism (and still are, in the Eastern Church). Now it is usual to wait till they know the Creed, the Lord's Prayer and the 10 Commandments, and understand the difference between right and wrong.

# HOLY COMMUNION



# The INWARD GRACE:

# The OUTWARD SIGN:



**BREAD** 

WINE



THE BODY
AND BLOOD
OF CHRIST



Jesus first gave us Holy Communion at the Last Supper on Maundy Thursday

He took bread, and said: THIS IS MY BODY

He took a cup of wine, and said: THIS IS MY BLOOD

He has given His Priests the power to do the same. THE BREAD AND WINE are changed into THE BODY AND BLOOD OF CHRIST when the Priest says the words of Consecration during the service

Some names for this great act are
Holy Communion, Holy Eucharist (thanksgiving),
The Mass, The Lord's Supper

After the Consecration
JESUS IS REALLY
AND TRULY PRESENT
ON THE ALTAR



The Bread used in Holy Communion is a wafer, and is called a HOST



The Wine is in a CHALICE (cup)



# JESUS IS WHOLLY PRESENT IN EITHER SACRED TOKEN

If we are sick and the Priest brings Holy Communion to us at home or in hospital, often only the Host is brought

If we are dying, our last Communion is called our

## VIATICUM

(food for the journey)



To make a good Communion we must be

CLEAN FROM SIN



FASTING since midnight



We must receive Holy Communion at least 3 TIMES A YEAR of which EASTER must be one

But it is a privilege and a joy to receive Jesus often





JESUS GIVES HIMSELF TO ME AND I GIVE MYSELF TO HIM IN HOLY COMMUNION

# EXTREME UNCTION



## The OUTWARD SIGN:



# ANOINTING WITH OIL

PRAYER for health of the soul, and, if God wills, of the body

### The INWARD GRACE:



STRENGTH FOR THE SOUL
AND SOMETIMES FOR
THE BODY

EXTREME means LAST, as this is the last Sacrament in which anointing is done. I can be anointed in any serious illness

Sickness may be a warning of Death, and can be a preparation for it



The Devil tries hard to conquer me when I am in a weak state of health

It is usual to be anointed on the













#### 5 SENSES THE

are the gateways to my mind, for good or for evil



# The BEST PREPARATION for DEATH is a GOOD LIFE

I do not know when I shall die, and if God

takes me suddenly l



shall not

be able to receive

THE LAST SACRAMENTS
[PENANCE, UNCTION, MY VIATICUM]

OOD FRU

I must try to live IN GOD'S GRACE and in times of danger must make

## AN ACT OF CONTRITION





# HOLY ORDER



# The OUTWARD SIGN:

THE LAYING ON OF HANDS



## The INWARD GRACE:

THE GIFT OF THE HOLY

GHOST FOR THE WORK

OF A MINISTER OF THE CHURCH



HOLY ORDER is a Sacrament for a man who has a special vocation to be a Minister of God in His Church



HOLY ORDER gives a man the CHARACTER OF A DEACON, PRIEST, OR BISHOP

and can only be received once for each of these 3 orders or ranks



A man must first be made a Deacon

HIS WORK is to teach, and to help the Priest

### **PRIEST**

HIS WORK is to offer the Holy Sacrifice, to absolve and to bless. He can administer the 5 Sacraments of Baptism, Penance, Holy Communion, Extreme Unction, Holy Marriage





BISHOP A Bishop is also a Deacon and a Priest

HIS CHIEF WORK is to administer the 2 Sacraments of the Laying on of Hands—Confirmation and Holy Order, also to be a ruler in the Church. Of course he can administer all 7 Sacraments

He has a CROSIER or Crook because he is a chief Shepherd. He rules over a DIOCESE, and the Christians in his Diocese are his sheep

Bishops, Priests and Deacons have their power and authority handed down to them from the Apostles, who were ordained by



# HOLY MARRIAGE

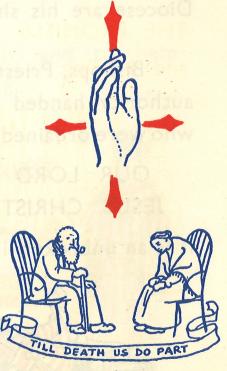


# The OUTWARD SIGN:

THE CONSENT OF A MAN AND WOMAN TO LIVE TOGETHER AS HUSBAND AND WIFE, AND THE BLESSING OF THE CHURCH ON THEIR MARRIAGE

## The INWARD GRACE:

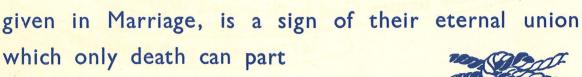
GRACE TO DO THEIR DUTY TOGETHER ALL THEIR LIVES



HOLY MARRIAGE is a Sacrament for men and women who have a special vocation to be married,

to make a home together, and (if God wills) to have children

THE RING, blessed by the Priest, and



THE PROMISES made in Marriage are very solemn and binding



The best way to end a Marriage Service is to have a NUPTIAL (Wedding) Mass, when the Bride and Bridegroom receive Holy Communion together as husband and wife